

2026 第十八屆國際學術研討會

中臺科技大學 護理學院

2026, The 18<sup>th</sup> International Academic Conference

College of Nursing

Central Taiwan University of Science and Technology (CTUST)

**輔助療法於全人健康照護之實證、創新與實務**

Evidence, Innovation, and Practice of Complementary  
Therapies in Holistic Health Care



研討會網頁

面對高齡化社會、慢性疾病與身心壓力日益增加的健康挑戰，全人健康照護的理念已成為當代醫療與護理專業的重要方向。為回應多元族群在生理、心理、社會及靈性層面的需求，輔助療法與各類健康療癒介入逐漸被廣泛運用於臨床、社區與長期照護場域。其內涵涵蓋情緒支持、壓力調適、健康促進、復原力建構，以及協助個案在生活脈絡中達成整體福祉等多面向目標。

本次研討會以「輔助療法於全人健康照護之實證、創新與實務」為主軸，其目的為提供跨領域交流平台，邀請國內外專家分享輔助、護理與健康照護相關領域的研究成果與實務經驗。議題範圍將涵蓋高齡健康、慢性病照護、長照服務、社區健康促進、醫護人員身心支持、學生與職場族群心理健康，以及藝術療癒、芳療、園藝、身心運動、科技輔助…等多元介入形式的應用。研討會期望透過實證討論、案例分享與創新模式的交流，促進護理專業在各照護場域中有效整合健康療癒相關方法，提升個案與族群的健康成果，並推動全人照護理念在教育、研究與臨床中持續深化與發展。

To address the challenges of an aging society and chronic illness, holistic health care has become essential in modern nursing. Complementary therapies and healing interventions are now widely applied across clinical and community settings to enhance overall well-being.

Themed "Evidence, Innovation, and Practice of Complementary Therapies in Holistic Health Care," this conference provides a cross-disciplinary platform to share research on elderly health, long-term care, and staff support. It explores diverse interventions, including art therapy, aromatherapy, and technology-assisted tools like AI and VR. Through evidence-based discussions and innovative exchanges, we aim to integrate these healing modalities into nursing practice, improving health outcomes and advancing holistic care in education and research.

## 1. 時間 (Date)

2026 年 10 月 2 日星期五

Friday, 2 October 2026

## 2. 地點 (Venue)

中臺科技大學 勤學樓 B1 國際會議廳(詳見「中臺校園平面圖」)

臺中市北屯區廬子路 666 號

International Conference Hall, B1F, Chin Hsueh Building, CTUST (See the Campus Map)

No.666, Buzih Road, Beitun District, Taichung City, Taiwan, Republic of China

## 3. 徵選研究論文發表 (Call for Papers)

-投稿截止日：2026 年 6 月 30 日(二)。

-錄取公告日：2026 年 8 月 5 日(三)。

-口頭及海報發表：2026 年 10 月 2 日(五)。

-錄取的口頭報告和海報展示將在會議現場進行。

Submission Deadline: Tuesday, June 30, 2026

Notification of Acceptance: Wednesday, August 5, 2026

Oral and Poster Presentations: Friday, October 2, 2026

Accepted oral and poster presentations will be held at the conference venue.

## 4. 主辦 (Organised by)

中臺科技大學 護理學院(College of Nursing, CTUST)

中臺科技大學高齡健康照護系(Department of Gerontological Health Care, CTUST)

中臺科技大學護理系(Department of Nursing, Nursing College, CTUST)

中臺科技大學學士後護理系(Department of Post-Baccalaureate Program in Nursing, CTUST)

台中慈濟醫院(Taichung Tzu Chi Hospital)

彰化基督教醫療財團法人彰化基督教醫院(Changhua Christian Hospital)

## 5. 協辦(依筆畫順序) (Co-organized)

大千健康醫療體系(Da Chien Health Medical System)

茂盛醫院(Lee Women' s Hospital)

彰化秀傳紀念醫院(Show Chwan Memorial Hospital)

## 6. 繼續教育課程認證 (Continuing Education Credits)

本次會議提供所有報名學員研習證書，以及護理師/專科護理師繼續教育積分、長期照顧服務人員繼續教育積分。

A certificate of attendance will be issued to all registered participants. Continuing education credits will be available for registered nurses, nurse practitioners, and long-term care service personnel.

## 7. 會議語言 (Language used)

本次會議使用英文、中文及日文進行。英、日文以 AI 即時翻譯。

The conference will be conducted in Chinese, English, and Japanese. English and Japanese translation will be provided in real-time using AI.

## 8. 報名 (Registration)

-報名截止日：2026 年 8 月 15 日(六)。截止日後提供虛擬帳號繳費

-統一採線上報名，網址：<https://forms.gle/oRLJZs2nhDMBudx96>

-恕不接受現場報名。

- Registration Deadline: Saturday, August 15, 2026. A virtual payment account will be provided after the registration deadline.

- Online registration only. Registration link:

<https://forms.gle/oRLJZs2nhDMBudx96>

-No on-site registration will be available.

## 9. 報名費用 (Registration Fees)

(1)報名費用說明：

報名費用新台幣 1,500 元，敬請於 2026 年 9 月 10 日(四)前完成報名及繳費。

The registration fee is NTD 1,500. Please complete payment by Thursday, September 10, 2026.

(2)匯款方式：將提供虛擬繳費帳號，可透過實體 ATM、網路銀行/行動銀行 App、超商繳費及臨櫃匯款/繳費

A virtual payment account will be provided after registration.

Payment may be made via ATM, online banking/mobile banking app,

convenience store payment, or over-the-counter bank transfer/payment.

### (3)入校園停車費：

汽車停車：

1. 停車未滿 30 分鐘者，免收費。
2. 停車超過 30 分鐘者，以一小時計費，每小時新台幣 30 元。
3. 當日未離場者，最高以八小時／日計費。
4. 如有未繳費情形，將無法再次入校，須先補繳上次停車費用後，方可進入校園。
5. 外來車輛請遵守本校行車規範，並依規劃停車位置停放，違者將開立違規單。

機車停車：每次停車費用為新台幣 30 元，請以悠遊卡或一卡通感應繳費。

### (3)Campus Parking Fee:

Car Parking:

1. Parking is free for stays of less than 30 minutes.
2. For parking longer than 30 minutes, fees are charged by the hour at **NTD 30 per hour**.
3. For vehicles that do not leave the campus on the same day, the maximum daily charge is calculated based on **8 hours per day**.
4. Vehicles with unpaid parking fees will not be allowed to enter the campus again until the outstanding fees have been paid.
5. Visitors must comply with campus traffic regulations and park only in designated parking areas. Violations will result in a parking violation notice.

Motorcycle/Scooter Parking:

The parking fee for motorcycles/scooters is **NTD 30 per entry**. Please pay by tapping an **EasyCard** or **iPASS**.

## 10. 退費事宜 (Cancellation and Refund Policy)

若因故欲取消報名者，請於原訂研討會日期十四天前，即 2026 年 9 月 18 日前，以 email 至 108876@gttrial.ctust.edu.tw 申請退費，逾期恕不受理。退費時將扣除報名費之 30% 作為手續費，並於原訂研討會舉辦日期後統一辦理退費，作業時間約需一個月。

If you need to cancel your registration for any reason, please submit a refund request by email to 108876@gttrial.ctust.edu.tw no later than 14 days before the scheduled conference date, by September 18, 2026. Refund requests submitted after the deadline will not be accepted. A

30% handling fee will be deducted from the registration fee. Refunds will be processed collectively after the scheduled conference date and may take approximately one month to complete.

# 議程表 Program Agenda

© 2026 年 10 月 2 日(星期五)

Date: Friday, October 2, 2026

| Time        | Topic                                                                                                                                                               | Speaker                                                                                                                                                                                                                                                                                                                                                            | Chair / Moderator                                                               |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| 08:20-08:50 | 報到<br>Registration                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                    |                                                                                 |
| 09:00-09:20 | 開幕式暨貴賓致詞<br>Opening Remarks                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                    | 陳錦杏校長<br>President Chin-Hsing Chen<br>蔡麗雲院長<br>Dean Li-Yun Tsai<br>中臺科技大學 CTUST |
| 09:20-10:00 | 超越症狀控制：緩和復健於晚期<br>肺癌患者照護中的角色與影響<br>Beyond Symptom Management:<br>The Impact of Palliative<br>Rehabilitation in Patients with<br>Advanced Lung Cancer                | 主題演講 1：林佳靜教授<br><b>Keynote 1: Professor Chia-Chin Lin</b><br>Director, School of Nursing,<br>The University of Hong Kong                                                                                                                                                                                                                                           | 蔡麗雲院長<br>Dean Li-Yun Tsai<br>中臺科技大學 CTUST                                       |
| 10:10-10:50 | 座談：輔療的全人應用<br>Symposium: Applications of<br>Complementary Therapies in<br>Holistic Health Care                                                                      | 香港大學 林佳靜教授<br><b>Prof. Chia-Chin Lin</b><br>Director, School of Nursing, HKU<br>彰化基督教醫院 蕭惠祝主任<br>Hui-Chu Hsiao, Director of<br>Nursing Changhua Christian Hospital<br>台中慈濟醫院 李玉茹主任<br>Yu-Ju Lee, Director of Nursing,<br>Taichung Tzu Chi Hospital<br>彰濱秀傳紀念醫院 邱伯恩 醫師 / 副主任<br>Po-En Chiu, M.D.Ph.D./Deputy Director<br>Chang Bing Show Chwan Memorial<br>Hospital | 邱子倩 副教授<br>Associate Professor<br>Tzu-Chien Chiu<br>中臺科技大學 CTUST                |
| 10:50-11:10 | 茶敘、海報論文觀摩 ( Coffee Break & Poster Session )                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                    |                                                                                 |
| 11:10-12:00 | 音樂療法在整體護理中的<br>有效應用<br>Effective Application of Music<br>Therapy in Holistic Nursing                                                                                | 主題演講 2：宮本啓子理事長<br><b>Keynote 2: Keiko Miyamoto</b><br>Chairperson, Japan Music Care<br>Association                                                                                                                                                                                                                                                                 | 徐明坊 副教授<br>Associate Professor Ming-<br>Fang Hsu<br>中臺科技大學 CTUST                |
| 12:00-13:00 | 午餐、海報論文觀摩<br>Lunchtime & Poster Session                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                    |                                                                                 |
| 13:00-14:00 | 藝術治療於精神病個案之陪伴與<br>支持:臨床實務與研究的重要面向<br>The Uses of Art Therapy<br>alongside people with a<br>diagnosis of psychosis:<br>important aspects of practice<br>and research | 主題演講 3：Dr. Chris Wood<br>Sheffield Hallam University<br>Honorary Research Fellow                                                                                                                                                                                                                                                                                   | 曾莉萍 助理教授<br>Assistant Professor<br>Li-Ping Tseng<br>中臺科技大學<br>CTUST             |

|                    |                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                          |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>14:00–15:40</b> | 平行場次：專題演講與口頭發表<br>Parallel Sessions: Featured Talks and Oral Presentations<br><br>Room A：藝術治療與綠色療癒<br>Art Therapy & Green Healing<br><br>Room B：音樂治療<br>Music Therapy | <b>Room A：藝術治療與綠色療癒</b><br>王華雯 藝術治療師<br>Hua-Wen Wang, Art Therapist,<br>Taichung Veterans General Hospital<br>江宛庭 專員<br>Wan-Ting Chiang, Research Assistant, CSMUH<br><b>口頭發表 Oral Presentations</b><br><br><b>Room B：音樂治療</b><br>曹夢禱 督導<br>Meng-Ju Tsao, Supervisor,<br>Hengchun Christian Hospital<br><b>口頭發表 Oral Presentations</b> | <b>Room A：</b><br>蔡淑美 助理教授<br>Assistant Professor<br>Shu-Mei Tsai<br>中臺科技大學<br>CTUST<br><br><b>Room B：林亮如 副教授</b><br>Associate Professor<br>Liang-Ru Lin<br>中臺科技大學 CTUST |
| <b>15:40–16:00</b> | 茶敘、海報論文觀摩<br>Coffee Break & Poster Viewing                                                                                                                            |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                          |
| <b>16:00–16:20</b> | 綜合討論<br>Panel Discussion                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                        | 蔡麗雲 院長<br>Dean Li-Yun Tsai<br>中臺科技大學<br>CTUST                                                                                                                            |
| <b>16:20</b>       | 賦歸 / 簽退<br>Sign Out                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                          |

## 講師／貴賓／主持人 Invited Speakers / Guests / Chairs

### 【國外講師 / Invited International Speakers】

Professor Chia-Chin Lin

School of Nursing, The University of Hong Kong, Hong Kong

Keiko Miyamoto

Chairperson of the Board of Directors, Kagaya-Miyamoto Music Care Association, Japan

Dr. Chris Wood

Honorary Research Fellow, University of Sheffield, UK

Senior Lecturer, Art Therapy Northern Programme, Sheffield Hallam University, UK

Art Therapist, National Health Service (NHS), UK

### 【國內講師 / Invited Domestic Speakers】

蕭惠祝

彰化基督教醫院 護理部主任

Hui-Chu Hsiao, Director of Nursing, Changhua Christian Hospital

李玉茹

台中慈濟醫院 護理部主任

Yu-Ju Lee, Director of Nursing, Taichung Tzu Chi Hospital

邱伯恩

彰濱秀傳紀念醫院 中醫師 / 副主任

Po-En Chiu, M.D.Ph.D./Deputy Director Department of Chinese Medicine

Chang Bing Show Chwan Memorial Hospital

王華雯

台中榮民總醫院 藝術治療師

Hua-Wen Wang

Taichung Veterans General Hospital, Taiwan

江宛庭

中山醫學大學附設醫院 院務發展辦公室研究助理

Wan-Ting Chiang

Research Assistant, Office of Hospital Development, Chung Shan Medical

University Hospital, Taiwan

曹悌禱

恆春基督教醫院 社區服務部督導

台灣加賀谷・宮本式音樂照顧協會台灣區講師 Meng-Ju Tsao

Supervisor, Community Service Department, Hengchun Christian Hospital,

Taiwan Instructor and Board Member, Kagaya-Miyamoto Music Care Association

### 【中臺科技大學 貴賓／主持人 CTUST Guests / Chairs】

依場次順序排列 / Listed in program order

陳錦杏 校長

President Chin-Hsing Chen, CTUST

蔡麗雲 護理學院院長

Dean Li-Yun Tsai, College of Nursing, CTUST

邱子倩 副教授

Associate Professor, Tzu-Chien Chiu, CTUST

徐明坊 副教授

Associate Professor, Ming-Fang Hsu, CTUST

曾莉萍 助理教授

Assistant Professor, Li-Ping Tseng, CTUST

蔡淑美 助理教授

Assistant Professor, Shu-Mei Tsai, CTUST

林亮如 副教授

Associate Professor, Liang-Ru Lin, CTUST